



## **Summer Term Newsletter July 2023**

### **Safeguarding & Wellbeing**

With the summer holidays commencing we would like to share some news and exciting information for the coming terms and offer some support for the holidays.

This term we have secured extra in school counselling services that will be offered to the pupils that need extra support with their mental health and wellbeing, this is based on what pupils are in need and a waiting list that is compiled via the year teams and the Safeguarding and Wellbeing Officer. This is a voluntary service that we invite pupils to attend alongside our many other interventions that we offer as a school to support and promote healthy mental health and wellbeing.

As a school we will also be working with Transforming lives next September who will work with our pupils that need guidance and support to reach their full potentials. We will continue to work with Think for the future, Youth Dreams Project and Romsey Mill. The interventions we offer as a school aim to promote healthy wellbeing and support Mental Health as well as giving pupils the opportunity to feel heard and encouraged while in school.

### **Summer Holiday Support**

As we all know the summer holidays can be difficult for parents to keep pupils engaged, busy and happy, the community offer summer holiday groups that are often free and easily accessible.



Keep your children active, creative and having fun in the holidays!

[Club Viva | Vivacity Peterborough](#)



Our unique online coding club where your child learns to code while building games!

With the guidance of our mentors, to make games their own

**THE CODE ZONE**

Book a FREE session

[Game Dev Club: Coding Club for kids \(thecodezone.co.uk\)](http://thecodezone.co.uk)

### Little Voices

Fun & inspiring drama & singing lessons for children aged 4 - 18 years  
At Little Voices, we see the potential in everyone – not just the talented few.



[Little Voices | Fun, inspirational drama & singing classes for kids](#)

# Six Weeks of Summer Activities at Nene Park

From Saturday 24 July, look out for some exciting activities and events running for the six weeks of school summer holidays in Nene Park! There is something for everyone to enjoy, from our park explorer challenge, guided walks and holiday trails and our 'Big Summer Hunt', to pond dipping and bug hunts, craft workshops and bushcraft sessions. Not to mention our daily watersports pay and play activities at Nene Outdoors and boat trips on Overton Lake!

[Six Weeks of Summer Activities at Nene Park - Rural Skills in Peterborough, Peterborough - Visit Peterborough](#)

## **Safety During The Holidays**

As always children and teens will no doubt be spending more time on their phones during the holidays. Please take this opportunity to discuss online safety with young people and highlight the potential dangers being on social networks and visiting different platforms hold.

Please remind young people that as their parent/carers you have the right to check their phones and are the owner of them, this encourages young people to think before they view content and/or send messages images that potentially can lead to them getting themselves in trouble.

For further advice on phone and online safety support please visit:



[Social Media & Mental Health | Guide For Parents | YoungMinds](#)

As a school we have also been made aware of youths in the community playing on train tracks and taking videos of them or friends risking their lives, please discuss the dangers of this with pupils and the potentially life-threatening outcomes that such behaviour can hold.

## Support During the Holidays

As always there are many different agencies that are available to support young people and their parents, please access any of the following agencies for support should you need it or just to see what is available for young people in the community.



## Return to School

Please note we return to school on Monday 4<sup>th</sup> September.

We will be welcoming the new year 7s and hope they have a fantastic start to there time here at Hampton Gardens.

We hope you all enjoy the summer holidays and look forward to welcoming you back in September.

Hampton Gardens safeguarding and Pastoral team.